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# OCL Update

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To: Community Representatives

From: Janyce Hedetniemi, Director  
Office of Community Liaison  
National Institutes of Health (NIH)

Date: February 2000

## NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

### ***Betty Ann Krahne:*** ***An Appreciation***

**S**ome of you may remember how things stood between NIH and the community in the spring and summer of 1994. Because of the incinerator controversy, NIH was viewed by many as an insensitive behemoth, ignoring the interests of its neighbors and trampling on those who dared to question its actions. Harold Varmus, then newly appointed as Director of NIH, took the unprecedented step of meeting with the community to find a resolution for that controversy. His discussions resulted in the establishment of a new NIH Office of Community Liaison to serve as a focal point for involving the community and addressing its concerns. I was appointed Director of that office in September of 1994.



*Dr. Ruth Kirschstein (from left to right), NIH Acting Director, speaks with OCL Director Janyce Hedetniemi and Councilwoman Betty Ann Krahne at the first community forum in March 1995.*

I can remember being interviewed, shortly after my appointment was announced, by Karyn Allen, then with Montgomery County Cable Channel 21. After the camera stopped rolling and the microphone was turned off, I slowly began to breathe again. Karyn looked at me and said, very sympathetically as I recall, that I really had a big learning curve ahead of me. And she was right—not only was I just beginning to understand how the community perceived NIH, but I was also just beginning to learn about the community itself.

The Community Liaison Council (CLC) will hold its next meeting on **Thursday, February 17, at 4 p.m.** in Building 1, Room 151 on the NIH campus.

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As a result, it was with some trepidation that I accepted an invitation to attend a community-sponsored “Meet and Greet” on September 8, 1994. This meeting was for the purpose of introducing the candidates for Montgomery County Council to the community, and I guess the sponsors figured that I was another new face who could be added to the mix. It was a combination about which I wasn’t so sure, but at that point, I would have seized any opportunity to become known to the community.

The moderator explained to me that each of the candidates would speak for five to 10 minutes, and when all of them had spoken, she would introduce me, and I would have my five to 10 minutes to say what I hoped to accomplish in my new job. Since only a few candidates were present when the meeting began, I thought I’d get my turn within 30 to 45 minutes. I sat down to wait next to a woman who, to judge by the number of people who came up to greet her, was obviously well-known and popular. She turned to me and introduced herself as Betty Ann Krahne, and we both turned our attention to the speakers.

It soon became clear that this was the event of the evening in Montgomery County. As the hours passed, more and more candidates showed up, spoke to the meeting, and then left again, pushing my place on the agenda later and later into the night. Betty Ann spoke, but she didn’t leave, and in the course of the next three to four hours, we became friends. When I was finally introduced to the remaining stalwarts, it was very late at night. I can’t remember what I said, but after it was all over, Betty Ann gave me her card and said, “Come see me. I’d like to help you.”

No words could have been more welcome. That evening, and on subsequent occasions, Betty Ann made it clear that she expected NIH to become a much better neighbor, but she was willing to give us the benefit of the doubt, and she also was gracious enough to extend her advice and assistance. One very valuable piece of advice was that I should learn about the community, identify its

leaders, and keep them informed. She gave me the opportunity to testify before the County Council, and she acknowledged from the dias that NIH and its neighbors were working hard to resolve their differences.

Over the months and years that have followed, Betty Ann Krahne has become one of the most steadfast advocates for NIH’s partnership with the community. She appeared at the first Community Forum in March 1995 and encouraged everyone to work together for better community relations. In August 1995, as pictured on the front page with Dr. Ruth Kirschstein, now Acting Director of NIH, and me, she was recognized by then NIH Director Harold Varmus for her support of the community involved in helping NIH with its 1995 Bethesda Campus Master Plan. When NIH was questioned for renovating its maximum containment laboratory for the conduct of research on multidrug-resistant tuberculosis, Betty Ann was among the first community members to sign up to tour the facility, so that she could evaluate its merits and safety from a personal perspective. Most recently, Betty Ann gave the keynote address at NIH’s first Community Health Forum held in June of 1998.

NIH owes her a great debt of gratitude for helping us to make, and then keep, our commitment to the community. By the example she established for respect and involvement of her constituents, she also set a standard for NIH’s community relations. Through her sense of responsibility to her work on behalf of the community, she encouraged me to be accountable, and she helped show me how best to learn about and work with NIH’s neighbors.

I shall always be appreciative that Betty Ann suspended judgment back in 1994 and with grace, humor, and wisdom, showed NIH and me that community involvement is a rewarding enterprise and that good community relations are well worth all efforts. I hope that NIH will continue to measure up to her expectations and that our role in the community will be a tribute to her confidence in us and to her example as a compassionate and effective civic leader.

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## NIH CAMPUS NEWS AND ACTIVITIES

### NIH to Join Suburban Hospital for Free Health Seminar on Stroke Prevention

Steven Warach, M.D., Ph.D., who serves as chief of the Section on Stroke Diagnostics and Therapeutics



*Seminar presenters, Dr. Steven Warach of NINDS and Susan Rodriguez, R.N., of Suburban Hospital.*

at the National Institute of Neurological Disorders and Stroke (NINDS), will be joined by Susan Rodriguez, R.N., of Suburban Hospital on February 23, 2000, to give a free seminar on stroke prevention. Dr. Warach, who also spoke at NIH's "Share the Health: An Exposition of Health Resources from NIH

to its Neighbors," will discuss the symptoms of stroke, the new state-of-the-art technology now available, and the 24-hour coverage for stroke emergencies at Suburban Hospital.

The seminar, which is from 7:30 to 9 p.m., will be preceded by a free stroke assessment and blood pressure screening at 6:30 p.m. The seminar will be held in the Suburban Hospital Auditorium, which is located at 8600 Old Georgetown Road in Bethesda. Pre-registration is required. To register or for more information, call 301-896-3939, Monday through Friday, between 8 a.m. and 8 p.m.

### Volunteers Needed to Record Scientific Texts for Students

Recording for the Blind & Dyslexic of Metropolitan Washington (RFB&D) is setting up a recording booth in Building 31 for the convenience of NIH employees. Local students who have visual, learning, or other physical disabilities urgently need taped versions of their science textbooks. NIH's Broadcast Services Office is providing studio time to RFB&D from 10 a.m. to 1 p.m. on Tuesdays and

Thursdays when NIH scientists, mathematicians, and others can come to record. Please contact Chris Smith at 202-244-8990 or [ccsmith@rfbd.org](mailto:ccsmith@rfbd.org) for more information and to sign up for the upcoming orientation sessions. RFB&D will hold two "open house" receptions, March 14 and 16, from 11:30 a.m. to 1 p.m. People interested in volunteering are invited for refreshments and to see how RFB&D recording sessions work.



*Jay Miller, NIH employee and RFB&D volunteer, records an astronomy text at RFB&D's main studio. At the recording studio at NIH, Jay will help train new volunteers.*

### NIH Clubs Offer Solutions to New Year's Resolutions

Are you among the thousands of people who make new year's resolutions to lose weight, be more social, or learn new skills? If so, NIH has a way to help. The NIH Recreation and Welfare Association (R&W) offers NIH employees and community members the ability to join more than 30 clubs that meet on a regular basis on the NIH campus in Bethesda. An alphabetical listing of each club is available at the following Web site: <http://www.recgov.org/r&w/clubs.html>. For more information, contact R&W at 301-496-6061.

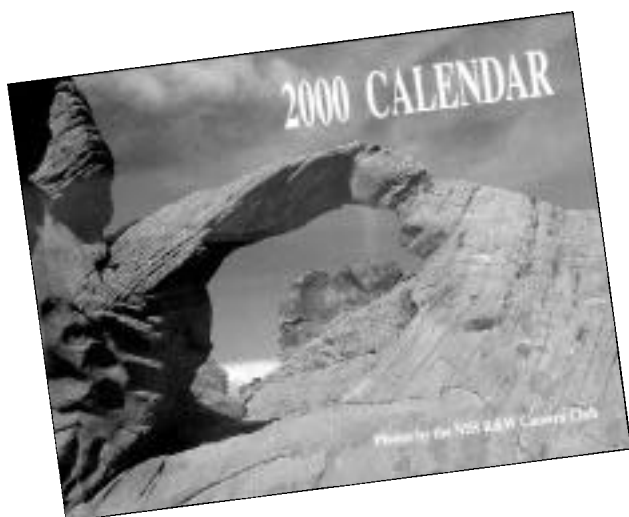
### Ergonomic Publications Available

Do you easily tire from working at your computer? Do your arms or wrists become sore from extended periods at your desk or computer? If so, there may be ways to alleviate some of this workplace stress by simply rearranging your desktop and chair. Learn these and other

important facts in three ergonomic publications now available for NIH employees. Copies of the "Workplace Ergonomics Workbook," "Arranging Your Workstation to Fit You," and "Exercises at Your Workstation" are now available in the Clinical Center Equal Employment Opportunity Office (Building 10, Room 1C292). For more information on ergonomics, call Jerry Garmany at 301-496-9100 (TTY), through the Maryland Relay Service at 1-800-735-2258, or send an e-mail to [jgarmany@nih.gov](mailto:jgarmany@nih.gov).

### NIH Camera Club 2000 Calendar Proceeds to Benefit NIH Charities

Interested in photography? Help raise money for the Children's Inn, the Friends of the Clinical Center, Camp Fantastic, and the NIH Foundation by purchasing a 2000 calendar. The calendar, which features works by fellow NIH employees, also contains a selection of photographs from the NIH archives as well as select photos of prominent buildings on the NIH campus. The NIH Camera Club and the Recreation and Welfare Association (R&W) are offering the calendar at all of the R&W stores.



### NIH Golf Association Sponsors Winter Golf Lessons

Golf in the winter? Most avid golfers fly south for the game or watch it on television during the winter season. But now, the NIH Golf Association is providing golfers with the perfect opportunity to improve their game. Small group golf lessons

taught by PGA professional, Mark Diley, will be held for all levels of golfers on Mondays or Thursdays in the 14th floor recreation area of Building 10. Swing basics will be reviewed while practicing off of floor mats with limited travel balls. Each student will be videotaped and will receive some individual instruction. The six-week course of one-hour, evening sessions will begin in February and cost \$109. For more information or for class schedules, call Mark Diley at 301-774-5482.

### NIH Work and Family Life Center Continues Seminar Series This Month

The NIH Work and Family Life Center, which provides resources to help NIH employees balance the increasing demands of the work place, career interests, family, and personal life, is continuing its Faces and Phases of Life Seminar Series this month. All seminars are free for the NIH community and are held on the NIH campus from noon to 1:30 p.m. unless otherwise noted. For more information or to pre-register, call 301-435-1619. Sign language interpretation is available. The schedule is as follows:

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|--------------------|--|
| <b>February 1</b>  | <i>Time Management: Concepts for Planning</i><br>Building 31, Room 6C6                                 |
| <b>February 8</b>  | <i>How Your Baby Grows</i><br>Building 1, Wilson Hall  |
| <b>February 15</b> | <i>Paying for Care for Older Relatives: Medicare, Medicaid, and Insurance</i><br>Building 31, Room 6C6 |
| <b>February 22</b> | <i>Depression in the Workplace</i><br>Building 31, Room 6C6  |
| <b>February 29</b> | <i>Communicating Effectively: Starting from Scratch*</i><br>Building 31, Room 6C6                      |

\* This seminar is from 12 to 2 p.m.

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### **Discounted Ski Lift Tickets Available**

Attention all skiers. The Recreation and Welfare Association (R&W) is offering discounted lift tickets to area ski resorts, including Ski Liberty, Ski Roundtop, and Whitetail. For more information or to purchase tickets, call R&W at 301-496-4600.

### **Build Confidence; Learn to Speak Publicly**

Not a confident public speaker? Now that it's the new millennium, why not tackle one of those new year resolutions and learn how to speak well for presentations, interviews, and daily communication. Simply call Audrey Georges, the public speaking coach, at 301-496-4600 to learn how to master this art.

### **Fresh Fruit, Vegetables, and Seafood Available Year-Round**

Reid Orchard and the Salt River Lobster truck bring fresh produce and seafood to the NIH campus every Friday from 9 a.m. to 5 p.m., all year long, in NIH's 41B parking lot.

### **NIH Blood Bank Appeals for Donations**

NIH continues to experience a shortage of blood donations. The NIH Blood Bank urgently needs all blood types. Call 301-496-1048 or stop by the Department of Transfusion Medicine in Building 10, the Clinical Center, 1st floor, Room 1C713B.

## **OTHER NEWS AND ACTIVITIES OF INTEREST**

### **FDA Announces New Web Site to Protect Consumers**

The Food and Drug Administration (FDA) recently created a Web site to provide consumers with useful, easy-to-understand information about buying medical products and prescription drugs online. Due to the increased popularity of online shopping, many consumers have discovered that they can purchase their prescriptions via the Internet. However, FDA officials warn that a site, which may appear to be legitimate, may not.

"The development of the Internet has opened up many new options for consumers to purchase

products more conveniently," said Dr. Jane Henney, commissioner of food and drugs. "However, the Internet has also provided unscrupulous individuals with immense new opportunities to promote and sell prescription drugs unlawfully to unsuspecting patients."

To help arm consumers with information that they need to protect themselves from dangerous online practices, the FDA has created a page dedicated to this issue on its Web site. Simply visit the FDA's Web site at <http://www.fda.gov> and click on the "Buying Medical Products Online?" banner, where consumers can learn about the FDA's enforcement efforts, find out how to spot health fraud, and get a list of the most commonly asked questions about online prescription drug sales. An electronic complaint form is also available to consumers who suspect an illegal operation.

### **Infrequent Use of Free Bethesda Shuttle May Result in Loss**

Many Bethesda area residents, visitors, and employees are unaware of a valuable asset—the free Bethesda 8 Shuttle, which runs every eight minutes, Monday through Friday from 7:30 a.m. to 7:30 p.m. throughout downtown Bethesda. Unfortunately, since so few people know about it, few people ride it. And if it is not used, it will be lost. To keep this needed service, the Bethesda Urban Partnership is doing all that it can to make community members aware of the service. Free posters with the route, times, and pickup/drop-off locations are available as are wallet-sized cards containing the pertinent information. For your free poster or wallet-sized card, call the Bethesda Urban Partnership at 301-215-6660 or visit its Web site at <http://www.bethesda.org> to print out a copy of the route/schedule.

### **Strathmore Plans Free Youth Arts Festival at White Flint Mall**

Strathmore Hall Arts Center will hold its "Discover Me Youth Arts Festival" on Monday, February 21, 2000, from 10 a.m. to 5 p.m. at White Flint Mall in North Bethesda. The free festival, which has been scheduled on President's Day, features a variety of

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interactive elements to challenge each child's creativity. Student artists from area high schools will provide inspiring examples for children of all ages to observe. Demonstrating a wide variety of artistic media, these students will be joined by performers from around the Washington Metropolitan area on the Kid's Stage. Special booths with art information will also line the corridors of the mall. For more information about this free event, call 301-530-0540.

### **County Announces Free Recycling Course**

Ever wondered what happens to all that trash we toss out or recycle each week? Well, Montgomery County wants to show interested individuals in a free six-week course entitled, "Behind the Scenes." Beginning on February 3, the county's Division of Solid Waste will sponsor this program to alert residents to the county's recycling program, recycling do's and don'ts, hazardous waste removal, plastic recycling, composting, and its volunteer program. Course leaders will also discuss the county's new 50 percent recycling goal.

Participants in the course will have an opportunity to tour the county's award-winning Recycling Center, Solid Waste Transfer Station, Resource Recovery Facility, and Composting Facility. A visit of the newly renovated Gothic Barn in Dickerson, which features composting toilets, a greywater system, and geothermal heating and cooling, will also be offered.

The course will be held on Thursdays from 7 to 9 p.m. at the Solid Waste Transfer Station, located near the intersection of Route 355 and Shady Grove Road in Derwood. For more information or to register, call the county's recycling hotline at 301-590-0046.

### **West Side Story Opens at the Olney Theater**

Beginning on February 29, the Olney Theater presents the unforgettable love story of Maria and Tony in its production of West Side Story. Performances are held Tuesday and Sunday evenings at 7:30 p.m., Wednesday through Saturday at 8 p.m., and matinees at 2 p.m. on Saturday and Sunday. Tickets are \$28.50 for adults

and \$25.50 for students, children, and seniors. For more information or for tickets, call 301-924-3400.

### **Bethesda Sponsors Thanksgiving in February**

If you are like most who live or work in the Bethesda area, you have become well-acquainted with the city's restaurant reputation. With all of the great food available, it is next to impossible to try all of Bethesda's growing supply of restaurants. So if you had been thinking about trying a new restaurant or going to one of your favorites, now you will have another reason. On February 8, approximately 20 area restaurants will donate 10 percent of their proceeds to nonprofit organizations that feed the hungry. For a listing of the participating restaurants, visit the Bethesda Urban Partnership's Web site at <http://www.bethesda.org>, or call Bethesda Cares at 301-907-9244 for more information.

### **Two New Exhibits Open at Strathmore**

Beginning on February 4, Strathmore Hall Arts Center will feature the work of two Washington-area artists. The surrealist work of Rosana Azar and paintings from the late Dr. Allan Thomas Marsh will be on exhibit through March 4. For more information about the artists or the exhibits, call 301-530-0540 or visit Strathmore's Web site at <http://www.strathmore.org>.

### **TRY THIS WEB SITE:**

<http://publications.nci.nih.gov/>

The National Cancer Institute (NCI) now provides consumers with an easy-to-use publications locator. This site allows users to view lists of cancer publications sorted by type of cancer, treatment options, clinical trials, genetics, coping with cancer, testing for cancer, risk factors/causes and prevention, and general information. The site also allows users to contact NCI's cancer information line or order any of the free publications selected from the site. For users that are not familiar with searching for information on the site, NCI has a "help me use this site" button.

## Suburban Hospital Holds Free Community Health Seminars

Do you know if you are at-risk for stroke? Want to prevent stroke, but not sure what the warning signs are? Suburban Hospital is once again hosting its free community health seminars to help answer some of these questions. For the month of February, stroke assessment and prevention is the subject that dominates many of the free seminars. All seminars are held at 1 p.m. (except where noted below), and pre-registration is required. To register, call 301-896-3939 between 8 a.m. and 8 p.m., Monday through Friday. Dates, locations, and topics for the community health seminars are as follows:

### February 8 *Preventing Brain Attack!*

Hebrew Home of Greater Washington, Wasserman Social Hall

### February 10 *Understanding Mind-Body Medicine and its Importance to Health and Disease\**

Rockville Senior Center

\* Call 301-309-3050 to register for this seminar.

### February 16 *Preventing Brain Attack!*

Friendship Heights Community Center

### February 17 *Self Defense Against Brain Attack!*

Brighton Gardens

### February 23 *Stroke, Are You at Risk?\*\**

Suburban Hospital Auditorium

\*\* Seminar is from 7:30 to 9 p.m.; free stroke assessment and blood pressure screening will precede the seminar at 6:30 p.m.

### February 24 *Why Joint Replacements are Totally Hip (Or Knee!)*\*\*\*

Suburban Hospital Conference Center

\*\*\* This seminar is from 3 to 4:30 p.m.

## CALENDAR OF EVENTS

### February 8 .....

#### **Free Library Talks with Music:**

*César Franck (1822-1890)*, 12:15 p.m., Bethesda Regional Library, 7400 Arlington Road, Bethesda, free and open to the public. For more information, contact National Symphony Orchestra Docent Jo Bever at 301-925-7203.

### February 9 .....

#### **National Library of Medicine**

**Historical Lecture Series:** *Pain without Cause: The Medical and Cultural Evolution of Causalgia* by Dr. Marcia L. Meldrum, 2-3:15 p.m., Conference Room E, Natcher Conference Center, Building 45, NIH, free and open to the public. For more information, call Dr. James Cassidy at 301-594-0992.

#### **NIH Director's Wednesday**

**Afternoon Lecture Series:** *Wiring the Brain: Molecular Mechanisms of Axon Guidance in Vertebrates* by Marc Tessier-Lavigne, Ph.D., professor, Departments of Anatomy and of Biochemistry and Biophysics, and investigator, Howard Hughes Medical Institute, University of California, San Francisco, Building 10, Masur Auditorium, NIH, 3-4 p.m. Free. For more information, call Hilda Madine at 301-594-5595.

### February 11 .....

#### **Music in the Mansion Concert**

**Series:** *Roger Wright, piano*, 8 p.m., Strathmore Hall Arts Center, 10701 Rockville Pike, N. Bethesda, \$20. For more information or for tickets, call 301-530-0540.

### February 12 .....

#### **Looking at Art with David**

**Tannous:** *Rosana Azar Exhibition*,

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1 p.m., Strathmore Hall Arts Center, 10701 Rockville Pike, N. Bethesda, free and open to the public. For more information or to pre-register, call 301-530-0540.

**Children's Talk and Tour:**

*Rosana Azar Exhibition*, 10:15 a.m., Strathmore Hall Arts Center, 10701 Rockville Pike, N. Bethesda, free and open to the public. Appropriate for children ages 5 and over. Reservations are required. For more information or to pre-register, call 301-530-0540.

**February 14.....**

**1999-2000 NIH Neuroscience**

**Seminar Series:** *To Be Announced* by Dr. Marc Caron, 12 p.m., Lipsett Amphitheater, Building 10, NIH, free and open to the public. For more information, call 301-435-2232.

**February 15.....**

**1999-2000 Behavioral and Social Sciences Seminar Series:** *Functional Neuroimaging Studies of Reading and Reading Disability: Establishing Brain Behavior Relationships* by Dr. Kenneth R. Pugh, Yale University School of Medicine, 9-10 a.m., Natcher Conference Center, Balcony A, Building 45, NIH. Free and open to the public. For more information, call Angie Chon-Lee at 301-594-5943.

**February 16.....**

**NIH Director's Wednesday Afternoon Lecture Series:** *Cellular Signaling by Tyrosine Phosphorylase* by Joseph Schlessinger, Ph.D., Kimmelman professor and chair, Department of Pharmacology and director, Skirball Institute of Biomolecular Medicine, New York University Medical Center,

Building 10, Masur Auditorium, NIH, 3-4 p.m. Free. For more information, call Hilda Madine at 301-594-5595.

**February 17.....**

**ORWH 2000 Women's Health Seminar Series: Women's Health Research: A Decade of Progress: AIDS**, 1-3 p.m., Natcher Auditorium, Building 45, NIH, free and open to the public. For more information, call Ellyn Pollack at 301-402-1770.

**1999-2000 Human Genome Lecture Series:** *Nanopore Analysis of DNA Structure*, by Dr. David W. Deamer, University of California, Santa Cruz, 11:30 a.m.-1 p.m., Lipsett Amphitheater, Building 10, NIH. Free and open to the public. Call the NHGRI Information Office at 301-402-0911.

**Music in the Mansion Concert Series:** *A Musical Century (2)* by Dr. Eileen Soskin, Peabody Conservatory, 7 p.m., Strathmore Hall Arts Center, 10701 Rockville Pike, N. Bethesda, \$20. For more information or for tickets, call 301-530-0540 for more information.

**February 20.....**

**FAES Chamber Music Series:** *Jaime Laredo, violin*, 4 p.m., Masur Auditorium, Warren G. Magnuson Clinical Center (Building 10), NIH. For more information or for tickets, call 301-496-7975.

**February 21.....**

**The 1999-2000 Audubon Lecture Series: Wild Places for Wild Species:** *Virginia's Disappearing Ponds: Vernal Pool Ecology* by Michael Hayslett, 6 p.m., Carmichael Auditorium, National Museum of American History, 14th and

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Constitution Avenues, NW, Washington, DC, \$14. To register or for more information, call 202-357-3030.

**Discover Me Youth Arts Festival,** 10 a.m.-5 p.m., White Flint Mall, free and open to the public. For more information, call Strathmore Hall Arts Center at 301-530-0540.

## February 23.....

**NIH Director's Wednesday Afternoon Lecture Series:** *The Human as a Model System in Genetics: Examples From Fragile X-Syndrome and Incontinentia Pigmenti* by David L. Nelson, Ph.D., professor, Department of Molecular and Human Genetics, Baylor College of Medicine, Building 10, Masur Auditorium, NIH, 3-4 p.m. Free. For more information, call Hilda Madine at 301-594-5595.

**1999-2000 Nights of Notes Music Series:** *Eine Kleine Tikva—Klezmer Band*, 7:30 p.m., Gaithersburg Regional Library, 18330 Montgomery Village Ave., Gaithersburg. Free and open to the public. For more information, call 301-840-2515, TTY 301-840-2641.

## February 25.....

**1999-2000 NIH Director's Seminar Series:** *The Tumor Suppressor Brca 1 in Genetic Stability and Tumorigenesis* by Dr. Chuxia Deng, National Institutes of Diabetes and Digestive and Kidney Diseases, 12-1 p.m., Wilson Hall, Building 1, NIH, free and open to the public. For more information, call Ms. Audrey Boyle at 301-496-1921.

## February 28.....

**1999-2000 NIH Neuroscience Seminar Series:** *To Be Announced* by

Dr. Jeff Schall, 12 p.m., Lipsett Amphitheater, Building 10, NIH, free and open to the public. For more information, call 301-435-2232.

## VOLUNTEER OPPORTUNITIES

### Interpreters Sought

The Clinical Center Volunteer Office is in need of in-house language interpreters to serve as back-ups when others are not available. The interpreters would assist patients and their families who are not fluent in English. Speakers of Italian, Japanese, and Korean are particularly needed. To help, call Andrea Rander at 301-496-1807.

### Computer Volunteers Needed

The Montgomery County Department of Public Libraries needs volunteers interested in conducting Internet training for the public in a class/lab setting at the Long Branch Library in Silver Spring. Bilingual volunteers (all languages) are especially needed. Applicants should have expertise in searching the Internet using Netscape, an ability to work well with others, and must be at least 16 years of age. A six-hour training session will be provided. Volunteers will be asked to make a minimum commitment of three to four hours (one training session) per month, over a six-month period. Volunteers will be eligible for Student Service Learning Credit. For more information or to apply, contact Deborah Rosenstein at 240-777-0029 or [rosend@mont.lib.md.us](mailto:rosend@mont.lib.md.us).

### Female Volunteers Needed

The Behavioral Endocrinology Branch at the National Institute of Mental Health is seeking female volunteers between the ages of 40 and 50 to participate in a six-month study of the effects of aging and reproductive hormones on measures of cerebral activity, blood flow, and stress hormone production. Volunteers must have regular menstrual cycles with no changes in mood in relationship to menses, be free of medical illnesses, and not take any hormones or medication on a regular basis. Payment will be in accordance with the duration of each visit and the type of protocol.

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For more information, call Linda Simpson-St. Clair at 301-496-9576.

### **Mothers Needed for Postpartum Depression Study**

The Behavioral Endocrinology Branch at the National Institute of Mental Health is seeking volunteer mothers between the ages of 18 and 40 who **either** have no psychiatric history of depression or one or more past episodes of postpartum depression following a full-term pregnancy. Participants must be free of medical illnesses and medication-free. Volunteers may be asked to participate in a six-month protocol investigating the effects of ovarian and stress hormones on brain and behavior in an endocrine model of pregnancy and will be paid for their participation in the study. For more information, call Linda Simpson-St. Clair at 301-496-9576.

### **Healthy Married Men and Women Sought**

The Pediatrics and Developmental Neuropsychiatry Branch, NIMH, seeks healthy men ages 56 to 73 and women ages 51 to 59 to participate in a functional magnetic resonance imaging (fMRI) study on the visual processing of faces. Participants must be right-handed and currently married. Volunteers should have no history of medical or psychiatric disorders, and should not be taking prescription medicine (except hormone replacement therapy for women). Volunteers must have normal vision or wear contacts. Participation requires a 2-hour screening interview, a follow-up visit, and a 3-hour visit for an fMRI scan. Participants will be reimbursed. For more information, call Lisa Kalik or Neil Santiago at 301-496-8381.

### **Postmenopausal Women Wanted for Blood Study**

The Clinical Center and the National Heart, Lung, and Blood Institute seek postmenopausal women to take part in a study of normal blood. To be eligible, participants must have had no abnormal bleeding or clotting in the past and be willing to stay off of any hormone treatment for nine months. Participants will give a small sample of blood in

the initial screening. Based upon the screening results, some women will be asked for additional small blood samples once a month for three months. The study involves no hormones or medications, and participants will be paid \$50 for each blood draw. For more information, contact 301-496-5150.

### **Long, Short Sleepers Wanted**

To complete a sleep study, NIMH is looking for male and female volunteers between the ages of 20 and 35 who routinely sleep 9 hours or more nightly, or who sleep 6 hours or fewer nightly. Volunteers must have no sleep disturbances or insomnia, plus no history of mental illness. Volunteers must be in good general health and not taking any medication or birth control pills. The study requires living on the research unit for four consecutive days. Compensation is available. For more information, call 301-496- 5831 or 301-496-6981.

### **Healthy Mothers Needed**

The Pediatrics and Developmental Neuropsychiatry Branch, NIMH, seeks right-handed mothers age 20 to 40 with non-adopted, first-born children age 5 to 12 to participate in a functional magnetic resonance imaging (fMRI) study on the visual processing of faces. Mothers who volunteer should have no history of medical or psychiatric disorders and should not be taking prescription medication (including birth control pills). The first-born children should have no history of psychiatric illness or chronic medical problems. Volunteers must have normal vision or wear contacts. Participation requires a 2-hour screening interview, a follow-up visit, and a 3-hour visit for an fMRI scan. Participants will be reimbursed. For more information, call Lisa Kalik or Neil Santiago at 301-496-8381.

### **Depressed, Anxious Teens Sought**

The Child Psychology Branch, NIMH, is looking for depressed and anxious teens (ages 14 to 16) to take part in a research study. This is a study about how young people experience emotions and how feeling sad or worried can cause problems. Payment will be provided. For more information, please call Barbara Usher at 301-496-1301.

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### Postmenopausal Women Sought

The Behavioral Endocrinology Branch, NIMH, is seeking women who are postmenopausal (no menstrual period for at least one year) and medication-free to participate in a study investigating the effects of hormones on behavior. Hormonal evaluation will be performed and payment will be provided. For more information, call Linda Simpson-St. Clair at 301-496-9576.

### Women on HRT Needed

The Behavioral Endocrinology Branch, NIMH, is looking for women who have experienced depressed mood, anxiety, or irritability during hormone replacement therapy (HRT). Free hormonal evaluation and payment are offered to those who complete the study. To be eligible, you should be a medically healthy woman between the ages of 45 and 65, be medication-free (except for HRT), and have experienced mood symptoms during the progestin part of the HRT. For more information, call Linda Simpson-St. Clair at 301-496-9576.

### Healthy Women Sought

The Behavioral Endocrinology Branch, NIMH, is seeking female volunteers age 18 to 45 to participate in a 5-month study of the effects of reproductive hormones on measures of cerebral activity and blood flow. Volunteers must have regular menstrual cycles with no changes in mood in relationship to menses, be free of medical illnesses, and not taking any hormones or medication on a regular basis. They will complete daily rating forms and be asked to participate in studies of cerebral blood flow with positron emission tomography and magnetic resonance imaging. Payment will be in accordance with the duration of each visit and the type of protocol. For more information, call Linda Simpson-St. Clair at 301-496-9576.

### Healthy Men Needed

The Behavioral Endocrinology Branch, NIMH, is seeking male volunteers age 18 to 45 to participate in a 5-month study of the effects of reproductive hormones on brain and behavior. Volunteers must be free of medical illness and not taking any medication on a regular basis. Participants will

complete daily rating forms and be asked to participate in one of several protocols. Payment will be made in accordance with the duration of each visit and the type of protocol. For more information, contact Linda Simpson-St. Clair at 301-496-9576.

### Difficult Teens Sought

The Child Psychology Branch, NIMH, is looking for difficult teenagers (ages 11 to 16) to take part in a research study. This is a study about how young people experience emotions and how anger and bad moods can cause problems. Payment will be provided. For more information, please call Barbara Usher at 301-496-1301.

## THE PATIENT RECRUITMENT AND PUBLIC LIAISON OFFICE

**1-800-411-1222**

**prpl@nih.gov**

The Patient Recruitment and Public Liaison Office (PRPL) is a service of NIH's Warren G. Magnuson Clinical Center (CC) in Bethesda, Maryland. PRPL staff members assist patients, their families, physicians, and healthy volunteers by providing information about participating in research conducted at the CC. NIH offers all study-related evaluation, testing, and treatment at no charge to the participant.

There are more than 900 studies available to patients and healthy volunteers. They cover a wide range of diseases and conditions. Below are some of the studies for which the PRPL currently is recruiting. For information about these or other CC studies, visit the CC Web site at <http://www.cc.nih.gov>, or call the PRPL at the toll-free number listed above:

- **Teen Obesity.** Parents: Is your teenager overweight? Overweight teens are at risk for developing serious medical conditions during their teen years and as adults. NIH doctors are enrolling teens, ages 12 to 17, in a research study of a new weight loss medication. The Food and Drug Administration has approved the drug,

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Orlistat, for use in overweight adults. There is no charge for study tests, exams, medication, and weight-control education.

- **Psoriasis.** National Cancer Institute researchers seek people with psoriasis for study of a potential new treatment.
- **Endometriosis.** The National Institute of Child Health and Human Development invites women with pelvic pain associated with endometriosis to take part in a study of a potential new treatment.
- **Uveitis and Pregnancy.** If you are in your first six months of pregnancy and have uveitis or a history of uveitis, consider taking part in an important new study. NIH provides eye exams, evaluation, and treatment as needed at no cost to you. You will remain under your personal doctor's care while in the study. Call to find out if you might qualify.

- **Shingles.** The National Institute of Allergy and Infectious Diseases seeks healthy volunteers age 60 and older who have never had shingles for a study to determine whether an enhanced version of the chickenpox vaccine can prevent shingles. Study participants need to make one outpatient visit to the NIH Clinical Center and monthly phone calls via a toll-free number for up to five years.
- **Sjögren's Syndrome.** The NIH researchers seek women aged 18 or older who have been diagnosed with Sjögren's syndrome to take part in studies of a potential new treatment.

*If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or e-mail: [tlamotte@palladianpartners.com](mailto:tlamotte@palladianpartners.com).*

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### Office of Community Liaison

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